



مركز السلامة وإدارة
المخاطر والأزمات (سيف)
THE CENTRE FOR
SAFETY, RISK AND CRISIS
MANAGEMENT (SARCM)



معهد البحوث والاستشارات
Institute of Consulting Research and Studies



Working Safely

About this course



Working safely provides a grounding in the essentials of health and safety; everyone at work should realize the importance of it. It's not unusual for delegates attending an introductory course to think that accidents only happen to 'other people'. This course stresses the realities of the human suffering behind the statistics and emphasises the importance of personal responsibility and emphasis on the practical demands of day to day working life. Working safely is a completely different approach to safety and health training. It's a high-impact interactive programme designed to be fun and get people fully involved.

Who should attend



Working safely is for people at any level and from any sector with no supervisory or managerial responsibility. This course is designed for employees such as team member, operators and those directly involved with the hazards in the workplace. Anyone employed or looking to be employed.

Aims



1. To ensure that all employees are aware of their responsibilities for safety towards themselves, colleagues and others affected by their work activities.
2. To provide learners with an understanding of how their actions in the workplace contribute to safety and health.

Course Objectives



1. Understand and identify common workplace hazards, risks and controls, also should be able to explain accident causation and prevention.
2. Use appropriate workplace precautions for specific risks or seek advice on workplace precautions.
3. Identify workplace hazards and risks; understand their differences and impacts and how to control them.
4. Carry out work activities without risk to themselves or others. Identify why it is important to work safely.
5. Identify ways safety, health and wellbeing are managed and improved within workplace. Appreciate and improve upon safety performance.
6. Understand his health and safety responsibilities and why health and safety is important.
7. How individuals can make a real difference to the wellbeing of themselves and others through changing their behaviour.

Entry Requirements



There are no entry requirements for this qualification. Delegates should have a sound standard of English such that they can understand and articulate the course syllabus.

Course Content



1

Introducing working safely

2

Defining hazard and risk

3

Identifying common hazards

4

Improving safety performance



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